M	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B F S T	OATMEAL HARD BOILED EGG WHEAT TOAST MARGARINE/JELLY BANANA ORANGE JUICE MILK COFFEE	CREAM OF WHEAT SAUSAGE EGG BAKE WHEAT TOAST MARGARINE/JELLY ORANGE JUICE MILK COFFEE	OATMEAL WAFFLES WITH SYRUP SAUSAGE LINK ORANGE JUICE MILK COFFEE MARGARINE	CREAM OF WHEAT DENVER SCRAMBLED EGGS CRISPY CUBE POTATOES WHEAT TOAST MARGARINE/JELLY ORANGE JUICE MILK COFFEE	OATMEAL FRENCH TOAST / SYRUP BACON ORANGE JUICE MILK COFFEE MARGARINE	OATMEAL BISCUIT SAUSAGE GRAVY SCRAMBLED EGG ORANGE JUICE MILK COFFEE	CREAM OF WHEAT POACHED EGG FROSTED CINNAMON ROLL MARGARINE ORANGE JUICE MILK COFFEE
LUNCH	CHEESY TORTELLINI BREADSTICK TOSS SALAD/ DRESSING PEARS 2% MILK COFFEE	BAKED DIJON CHICKEN MASHED POTATOES GRAVY BROCCOLI DINNER ROLL/MARG MANDARIN ORANGES 2% MILK COFFEE	CHEF'S SPECIAL 2% MILK COFFEE	CHICKEN & VEG STIR FRY RICE EGG ROLL PINEAPPLE 2% MILK COFFEE	FISH SANDWICH LETTUCE & TOMATO SLICE TARTAR SAUCE POTATO CHIPS PARSLIED CAULIFLOWER COOKIE 2% MILK COFFEE	TATER TOT CASSEROLE MIXED VEGETABLES DINNER ROLL/MARG PUDDING 2% MILK COFFEE	CHEESE PIZZA TOSS SALAD/ DRESSING FROSTED CAKE 2% MILK COFFEE
A	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH
D I N N	MAPLE BACON CHICKEN SANDWICH FRENCH FRIES CREAMY COLESLAW FROSTED CAKE 2% MILK COFFEE	BEEF STEW W/ CHEDDAR ONION BISCUITS SPINACH SALAD W/ HOT BACON DRESSING PUMPKIN CHEESECAKE TRIFLE 2% MILK COFFEE	HERBED PORK LOIN GRAVY CANDIED SWEET POTATOES BUTTERED PEAS LEMON MERINGUE PIE 2% MILK COFFEE	SALISBURY STEAK BEEF GRAVY SCANDINAVIAN VEGETABLES ICE CREAM 2% MILK COFFEE GARLIC MASHED POTATOES	GRILLED CHICKEN BREAST SPAGHETTI W/ GARLIC & FRESH HERBS BROCCOLI FLORETS J-E-L-L-O W/ WHIP TOPPING 2% MILK COFFEE	APPLE BUTTER BBQ CHICKEN ROASTED RANCH POTATOES CARROTS SHERBET 2% MILK COFFEE	ROAST TURKEY STUFFING GRAVY CARROTS ROLL/MARG ICE CREAM 2% MILK COFFEE
A	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH



М	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B F S T	CREAM OF WHEAT HASHBROWN EGG BAKE WHEAT TOAST MARGARINE/JELLY ORANGE JUICE MILK COFFEE	OATMEAL PANCAKES/SYRUP SAUSAGE PATTY MARGARINE CUP ORANGE JUICE MILK COFFEE	CREAM OF WHEAT HARD BOILED EGG TRI TATER HASHBROWN WHEAT TOAST BANANA MARGARINE ORANGE JUICE MILK COFFEE	OATMEAL FRENCH TOAST STICKS / SYRUP BACON MARGARINE ORANGE JUICE MILK COFFEE	CREAM OF WHEAT SCRAMBLED EGG W/ HAM & CHEESE WHEAT TOAST MARGARINE ORANGE JUICE MILK COFFEE	OATMEAL WAFFLES SAUSAGE LINK MARGARINE CUP SYRUP CUP ORANGE JUICE MILK COFFEE	OATMEAL SCRAMBLED EGGS W/ PEPPER/ONION DANISH MARGARINE BANANA ORANGE JUICE MILK COFFEE
LUNCH	GOULASH MIXED VEGETABLES GARLIC TOAST ICE CREAM MILK COFFEE	LASAGNA GARLIC ROASTED BROCCOLI GARLIC TOAST FROSTED PEANUT BUTTER BARS MILK COFFEE	CHEF'S SPECIAL MILK COFFEE	WHITE CHICKEN CHILI CORNBREAD/ MARG TOSS SALAD/ DRESSING FRUIT CRISP MILK COFFEE	SPAGHETTI/ MEATSAUCE SEASONAL VEGETABLE GARLIC TOAST LEMON BAR MILK COFFEE	CHICKEN A LA KING BISCUIT CREAMY COLESLAW FRUITED GELATIN MILK COFFEE	CHEESE PIZZA CAESAR SALAD TOMATO WEDGES FRUIT MILK COFFEE
A	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH
D I N N	SMOTHERED PORK CHOP SCALLOPED POTATOES ROASTED BRUSSELS SPROUTS CHERRY COBBLER MILK COFFEE	FISH STICKS GERMAN POTATO SALAD GREEN & GOLD BEANS SMORE'S PUDDING PARFAIT MILK COFFEE	PORK TENDERLOIN ON BUN TOMATO, LETTUCE, ONION, PICKLE FRENCH FRIES ICE CREAM MILK COFFEE	BEEF POT ROAST W/ ROASTED VEGETABLES ROLL/MARG SHERBET MILK COFFEE	HONEY BUTTER BISCUIT FLOUNDER RICE PILAF BROCCOLI FLORETS BUTTERSCOTCH APPLE CAKE MILK COFFEE	CRANBERRY BBQ MEATBALLS SOUR CREAM MASHED POTATOES PEAS GLAZED ANGEL FOOD MILK COFFEE	SALISBURY STEAK W/ MUSHROOM GRAVY SCANDINAVIAN VEGETABLES ROLL/MARG COOKIE MILK COFFEE MASHED POTATOES
Α	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH



M	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BFST	OATMEAL SPINACH & CHEESE EGG BAKE WHEAT TOAST MARGARINE/JELLY ORANGE JUICE MILK COFFEE	CREAM OF WHEAT PANCAKES/SYRUP BACON MARGARINE CUP ORANGE JUICE MILK COFFEE	OATMEAL EGGS BENEDICT BANANA MILK ORANGE JUICE COFFEE	CREAM OF WHEAT HARD BOILED EGG BREAKFAST POTATOES WHEAT TOAST MARGARINE/DT JELLY ORANGE JUICE MILK COFFEE	OATMEAL FRENCH TOAST / SYRUP SAUSAGE LINK MARGARINE ORANGE JUICE MILK COFFEE	OATMEAL DENVER SCRAMBLED EGGS WHEAT TOAST MARGARINE/JELLY ORANGE JUICE MILK COFFEE	CREAM OF WHEAT SCRAMBLED EGG W/ CHEESE CARAMEL ROLL MARGARINE BANANA ORANGE JUICE MILK COFFEE
HONCH	CHICKEN STRIPS TATER TOTS CHP COLESLAW BROWNIE MILK COFFEE	CLASSIC MEATLOAF SOUR CREAM & CHIVE POTATOES GREEN BEANS MARGARINE CUP GELATIN POKE CAKE MILK COFFEE	CHEF'S SPECIAL MILK COFFEE	CHILI CORNBREAD/ MARG TOSS SALAD/ DRESSING COOKIE MILK COFFEE	BUTTERNUT APPLE CHICKEN SALAD APPLE CIDER VINAIGRETTE BREADSTICK BUTTERSCOTCH BREAD PUDDING MILK COFFEE	SMOKED SAUSAGE SAUERKRAUT BOILED POTATOES/MARG PARSLIED CAULIFLOWER CAKE ROLL MILK COFFEE	SCALLOPED POTATOES & HAM BROCCOLI BLUSHING PEARS MILK COFFEE
A	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH
D I N N	SHEPHERD'S PIE CHEDDAR GARLIC BISCUIT HARVARD BEETS FROSTED PUMPKIN BAR MILK COFFEE	BBQ ROAST TURKEY GARDEN RICE CHEESY CORN CORNBREAD/ MARG PUDDING MILK COFFEE	TERIYAKI BEEF NOODLE BOWL ORIENTAL BROCCOLI BREADSTICK SHERBET MILK COFFEE	BAKED SWISS CHICKEN SWEET POTATO CRUNCH CASSEROLE BUTTERED PEAS PIE MILK COFFEE	ORANGE ROUGHY FRIED POTATOES & ONIONS CORN AUTUMN GELATIN PARFAIT MILK COFFEE	VEGETABLE LASAGNA ITALIAN GREEN BEANS GARLIC TOAST PUDDING MILK COFFEE	FRIED CHICKEN MINI BAKER POTATOES HARVARD BEETS ROLL/MARG COOKIE MILK COFFEE
Α	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH

Lifespark

11/18/24

M	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B F S T	OATMEAL SCRAMBLED EGG FRESH BAKED MUFFIN MARGARINE CUP ORANGE JUICE MILK COFFEE	CREAM OF WHEAT PANCAKES, SYRUP SAUSAGE PATTY MARGARINE CUP ORANGE JUICE MILK COFFEE	OATMEAL HARD BOILED EGG HASHBROWN WHEAT TOAST MARGARINE/JELLY ORANGE JUICE MILK COFFEE	CREAM OF WHEAT SCRAMBLED EGG WITH CHEESE CINNAMON COFFEE CAKE BANANA MARGARINE CUP ORANGE JUICE MILK COFFEE	OATMEAL SAUSAGE EGG BAKE WHEAT TOAST MARGARINE/JELLY ORANGE JUICE MILK COFFEE	OATMEAL FRENCH TOAST / SYRUP BACON MARGARINE ORANGE JUICE MILK COFFEE	CREAM OF WHEAT WAFFLES POACHED EGG SYRUP CUP MARGARINE ORANGE JUICE MILK COFFEE
LUNCH	SLOPPY JOE ON BUN POTATO CHIPS CORN ICE CREAM MILK COFFEE	BEEF TACO SALAD REFRIED BEANS SALSA SOUR CREAM MANDARIN ORANGES MILK COFFEE	CHEF'S SPECIAL MILK COFFEE	ROAST TURKEY TURKEY GRAVY STUFFING SCANDINAVIAN VEGETABLES CINNAMON SUGAR BLONDIE MILK COFFEE	CREAMED CHIPPED BEEF TOAST BUTTERED PEAS COOKIE MILK COFFEE	CHICKEN CLUB SANDWICH ITALIAN PASTA SALAD BLACK FOREST PARFAIT MILK COFFEE	PULLED PORK ON BUN FRENCH FRIES CARROTS BANANA BERRY GELATIN MILK COFFEE
Α	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH
D-NN	CHEESE RAVIOLI W/ MEATSAUCE GREEN & GOLD BEANS GARLIC TOAST HOT CHOCOLATE MOUSSE MILK COFFEE	ROAST BEEF CHEDDAR SOUR CREAM MASHED POTATOES BEEF GRAVY ROASTED BUTTERNUT SQUASH APPLE BUTTER CRISP MILK COFFEE	SESAME CHICKEN FRIED RICE CHP ORIENTAL SLAW RICE KRISPIE SQUARE MILK COFFEE	BBQ MEATLOAF BAKED POTATO/MARG SOUR CREAM ROASTED CAULIFLOWER ICE CREAM SANDWICH MILK COFFEE	SALMON CROQUETTE TARTAR SAUCE MACARONI AND CHEESE CREAMY CUCUMBER SALAD CHERRY POKE CAKE MILK COFFEE	CRISPY ONION CHOPPED STEAK MASHED POTATOES BEEF GRAVY MIXED VEGETABLES COOKIES & CREAM BROWNIE MILK COFFEE	BBQ RIBS SWEET POTATOES & APPLES BROCCOLI ROLL/MARG PIE MILK COFFEE
Α	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH



М	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B F S T	OATMEAL SCRAMBLED EGG BANANA DANISH MARGARINE CUP ORANGE JUICE MILK COFFEE	CREAM OF WHEAT WESTERN EGG BAKE WHEAT TOAST MARGARINE/JELLY ORANGE JUICE MILK COFFEE	OATMEAL PANCAKES/SYRUP SAUSAGE LINK BANANA MARGARINE CUP ORANGE JUICE MILK COFFEE	CREAM OF WHEAT SCRAMBLED EGG FRESH BAKED MUFFIN MARGARINE CUP ORANGE JUICE MILK COFFEE	OATMEAL HARD BOILED EGG ENGLISH MUFFIN BACON MARGARINE/JELLY ORANGE JUICE MILK COFFEE	OATMEAL BREAKFAST SANDWICH SYRUP CUP MARGARINE CUP ORANGE JUICE MILK COFFEE	CREAM OF WHEAT FRENCH TOAST / SYRUP SAUSAGE LINK MARGARINE CUP ORANGE JUICE MILK COFFEE
HOZCH	CHICKEN & DUMPLINGS DINNER ROLL/BUTTER BROWNIE MILK COFFEE GREEN BEANS	PULLED PORK LOADED BAKED POTATO BROCCOLI CUTS COOKIE MILK COFFEE	CHEF'S SPECIAL MILK COFFEE	CHICKEN KIEV BROCCOLI FLORETS HERBED RICE CHOCOLATE CHERRY DESSERT MILK COFFEE	FRENCH DIP W/ CARMELIZED ONIONS HORSERADISH SAUCE TATER TOTS CREAMY COLESLAW POUND CAKE WITH FRUIT TOPPING MILK COFFEE	CHILI DOG ON BUN TATER TOTS FRUIT CRISP MILK COFFEE	BEEF STROGANOFF BUTTERED EGG NOODLES PARSLIED CAULIFLOWER GELATIN MILK COFFEE
Α	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH
D I N N	SWEDISH MEATBALLS MASHED POTATOES SCANDINAVIAN VEGETABLES MILK COFFEE APRICOTS	HAMBURGER ON BUN CHP SWEET PEPPER SLAW POTATO WEDGES ORANGE CREAM PARFAIT MILK COFFEE	CHICKEN CHOW MEIN RICE SNOW PEAS EGG ROLL SOY SAUCE ICE CREAM COFFEE MILK	PERSONAL PIZZA TOSSED SALAD W/ DRSG FRUITED GELATIN MILK COFFEE	PARMESAN CRUSTED TILAPIA MINI BAKER POTATOES VEGETABLE BLEND LEMON CHEESECAKE BARS MILK COFFEE	HERB BAKED CHICKEN MASHED POTATOES CHICKEN GRAVY CANDIED CARROTS FROSTED CAKE MILK COFFEE	HONEY BAKED HAM SCALLOPED POTATOES ROASTED BRUSSELS SPROUTS ROLL/MARG APPLE CRISP MILK COFFEE
Α	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH	SOUP SANDWICH



12/02/24