


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

“Music and Performance”

***Coffee served at morning activities in SR.



New Year's Day

1 9:15 Manicures (SR)
10:00 Worship w/Austin (SK)
1:00 Havin' A Ball Exercise (SR)
2:00 LIVE Virtual Program: National Memorials of Washington D.C. (SK)
3:30 Rosary (GR)
6:00 Movie & Popcorn: The Heat (SR)

2 9:15 Daily Chronicles (SR)
10:00 Worship Video (SR)
1:00 2024 Season Award Show and TRYathlon Team Meeting (SK)
2:30 Entertainment: Michael Riddle (SK)
3:30 Rosary (GR)
6:00 Movie & Popcorn: Instant Family (SR)

3 **9:00 ALDI**
9:15 Table Talk Tidbits (SR)
10:15 Weight Exercises (SR)
2:15 Ice Cream Social (SR)
3:00 Bible Jeopardy (SR)

4 1:00 Wii Bowling (SR)
2:30 Coffee and Therapeutic Coloring (SR)
6:00 Movie Night: Rock of Ages (SR)

5 6:00 Bingo w/Pat (SR)

9:15 Daily Chronicles (SR)
10:15 Chair Yoga (SR)
1:30 Wheel of Fortune (SR)
3:00 Entertainment: Spirit Song Choir NYE Radio Show (SK)
6:00 Wii Bowling (SR)

6 9:15 Daily Chronicles (SR)
10:15 Weight Exercises (SR)
1:30 UNO (SR)
2:30 Self-Love Month: Affirmation Jars (SR)
6:00 Bingo w/Nancy (SR)

7 9:15 Daily Chronicles (SR)
10:00 Catholic Comm. (SK)
1:00 Resident Council Meeting (SR)
2:00 Bible Study w/Judy (SR)
3:15 Havin' A Ball Exercise (SR)
6:00 Movie Night: Just Go with It (SR)

8 9:15 Daily Chronicles (SR)
10:00 Worship Video (SR)
1:00 2024 Season Award Show and TRYathlon Team Meeting (SK)
2:30 Entertainment: Michael Riddle (SK)
3:30 Rosary (GR)
6:00 Movie & Popcorn: Instant Family (SR)

9 9:15 Table Talk Tidbits (SR)
10:15 Weight Exercises (SR)
AFTERNOON WOODBURY THEATER: WICKED or MUFASA (Time TBD)

10 1:00 Wii Bowling (SR)
2:30 Coffee and Therapeutic Coloring (SR)
6:00 Movie Night: Walk the Line (SR)

12 6:00 Bingo w/Pat (SR)

9:15 Daily Chronicles (SR)
10:15 Chair Yoga (SR)
1:00 UNO (SR)
2:00 Men's Group Happy Hour (GR)
3:00 Winter Family Feud w/HCC (SK)
6:00 Wii Bowling (SR)

13 9:15 Coffee & Donuts w/the Chaplains (SR)
10:15 Weight Exercises (SR)
1:00 TRYathlon Scrimmage (SK)
2:30 Take 7 Dice Game (SR)
6:00 Bingo w/Karen (SR)

14 9:15 Daily Chronicles (SR)
10:00 Catholic Comm. (SK)
1:00 Havin' A Ball Exercise (SR)
2:00 Grief Support Group w/Chaplain Austin (SR)
3:00 Penny Tripoley (SR)
6:00 Movie Night: The Guardian (SR)

15 9:15 Manicures (SR)
10:00 Worship w/Austin (SK)
1:00 TRYathlon Scrimmage (SK)
2:30 Entertainment: Todd Anderson as Frank Sinatra (SK)
3:30 Rosary (GR)
6:00 Movie & Popcorn: Julie and Julia (SR)

16 9:15 Daily Chronicles (SR)
10:15 Weight Exercises (SR)
1:00 TRYathlon Recap (SK)
2:15 Hot Cocoa Bar and Cookies (SR)
3:00 Music Trivia (SR)

17 1:00 Wii Bowling (SR)
2:30 Coffee and Therapeutic Coloring (SR)
6:00 Movie Night: Mary Poppins Returns (SR)

19 6:00 Bingo w/Pat (SR)

9:15 Daily Chronicles (SR)
10:15 Chair Yoga (SR)
1:15 Penny Bunco (SR)
2:30 Martin Luther King Jr. Jeopardy (SR)
6:00 Wii Bowling (SR)

20 9:15 Daily Chronicles (SR)
10:15 Weight Exercises (SR)
1:00 TRYathlon Competition (SK)
2:15 Soup for the Soul Social (SR)
3:00 Name That Instrument (SR)
6:00 Bingo w/Karen (SR)

21 **8:45 TREASURE ISLAND CASINO**
10:00 Catholic Mass (SR)
1:00 Chair Yoga (SR)
2:00 Bible Study w/Judy (SR)
6:00 Movie Night: A Simple Favor (SR)

22 9:15 Daily Chronicles (SR)
10:00 Worship Video (SR)
1:00 TRYathlon Competition (SK)
2:30 Ladies' Group Happy Hour (SR)
3:30 Rosary (GR)
6:00 Movie & Popcorn: Book Club (SR)

23 9:15 Daily Chronicles (SR)
10:15 Weight Exercises (SR)
1:00 TRYathlon Recap (SK)
2:15 100th Birthday Party for Betty (SR)

24 1:00 Wii Bowling (SR)
2:30 Coffee and Therapeutic Coloring (SR)
6:00 Movie Night: Enchanted (SR)

26 6:00 Bingo w/Pat (SR)

9:15 Daily Chronicles (SR)
10:15 Chair Yoga (SR)
1:00-2:00 Food Shelf in the Sunroom
2:30 Penny Dino Races (SR)
6:00 Wii Bowling (SR)

27 **9:00 CUB FOODS**
9:15 Coffee & Donuts w/the Chaplains (SR)
10:15 Weight Exercises (SR)
1:00 TRYathlon Competition (SK)
2:30 Learning League: Folk Music and Dance Month (SR)
6:00 Bingo w/Karen (SR)

28 9:15 Daily Chronicles (SR)
10:00 Catholic Mass (SR)
1:00 Havin' A Ball Exercise (SR)
2:30 Traveling w/the Diplomat's Mother: Part One (SK)
6:00 Movie Night: The School of Rock (SR)

29 9:15 Daily Chronicles (SR)
10:00 Worship Video (SR)
1:00 TRYathlon Competition (SK)
2:30 Traveling w/the Diplomat's Mother: Part Two (SK)
3:30 Rosary (GR)

30 Morning and Afternoon Well-Fit Testing by Appt. (GR)
1:00 TRYathlon Recap (SK)
2:30 January Birthday Party (SR)

31 **Birthdays**
4th Hildegard H.
16th Joyce G.
24th Betty E.

***Activities are subject to change without notice. To contact Community Life Staff, dial 651-731-5509 for Sam 651-731-5508 for Melissa.