


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 6:00 Bingo w/Pat (SR)	2 9:15 Daily Chronicles (SR) 10:15 Chair Yoga (SR) 1:00 Christmas Decorating 2:00 Pop-Up Library (SR) <b>3:00 Entertainment: Kent Appeldoorn (SK)</b> 6:00 Wii Bowling (SR)	3 9:15 Coffee & Donuts w/Austin (SR) 10:15 Weight Exercises (SR) <b>1:00 Spark Challenge Deep Dive (SK)</b> 2:00 Christmas Decorating 6:00 Bingo w/Nancy (SR)	4 9:15 Daily Chronicles (SR) 10:00 Catholic Comm. (SK) <b>12:50 Spark Challenge Competition (SK)</b> 2:00 Bible Study w/Judy (SR) 3:00 Christmas Decorating 6:00 Movie Night: The Polar Express (SR)	5 9:15 Manicures (SR) 10:00 Worship w/Austin (SK) 1:00 Havin' A Ball Exercise (SR) <b>2:00 LIVE Virtual Program: Active Brain Boosters (SK)</b> <b>3:15 HILL MURRAY PLAY: MATILDA</b> 3:30 Rosary (GR)	6 <b>9:00 TARGET</b> <b>1:00 Spark Challenge Recap (SK)</b> 2:15 Ice Cream Social (SR) 3:00 Christmas Jeopardy (SR)	7 1:00 Wii Bowling (SR) 2:00 Coffee and Therapeutic Coloring (GR) 6:00 Movie Night: White Christmas (SR)		
8 6:00 Bingo w/Pat (SR)	9 9-11 Activities w/Woodbury & East Metro Homeschool Students (SR) 1:00 Penny Bunco (SR) 2:00 Men's Group Happy Hour (SR) <b>3:00 Entertainment: Holiday Jazz Trio (SK)</b> 6:00 Wii Bowling (SR)	10 9:15 Daily Chronicles (SR) 10:15 Weight Exercises (SR) <b>1:00 Spark Challenge Final Four (SK)</b> 2:30 Christmas Crafts (SR) 6:00 Bingo w/Karen (SR)	11 9:15 Daily Chronicles (SR) 10:00 Catholic Mass (SR) 1:15 Havin' A Ball Exercises (SR) 2:00 Grief Support Group w/Chaplain Austin (SR) <b>3:00 Resident Council Meeting (SR)</b> 6:00 Movie Night: Elf (SR)	12 9:15 Daily Chronicles (SR) 10:00 Worship Video (SR) <b>1:00 Spark Challenge Championship (SK)</b> <b>2:30 Entertainment: Dale Martell Bluegrass Christmas (SK)</b> 3:30 Rosary (GR) 6:00 Movie & Popcorn: A Christmas Story (SR)	13 9:15 Table Talk Tidbits (SR) <b>10:20 NORTH POLE CAFE</b> 1:20 Weight Exercises (SR) 2:15 Ice Cream Social (SR) 3:00 Christmas Picture Bingo (SR)	14 1:00 Wii Bowling (SR) 2:00 Coffee and Therapeutic Coloring (GR) 6:00 Movie Night: It's a Wonderful Life (SR)		
15 6:00 Bingo w/Pat (SR)	16 9:15 Daily Chronicles (SR) 10:15 Chair Yoga (SR) 1:00 Aegis In-Service: Christmas Games (SR) 2:30 Christmas Cookie Decorating (SR) 6:00 Wii Bowling (SR)	17 9:15 Coffee & Donuts w/Austin (SR) 10:15 Weight Exercises (SR) 1:30 Christmas Mystery Game (SR) <b>3:00 Entertainment: Curtis and Loretta – A Victorian Christmas (SK)</b> 6:00 Bingo w/Karen (SR)	18 9:15 Daily Chronicles (SR) 10:00 Catholic Comm. (SK) 1:15 Havin' A Ball Exercises (SR) 2:00 Bible Study w/Judy (SR) <b>3:00 Entertainment: Brass Quartet (SK)</b> 6:00 Movie Night: Home Alone (SR)	19 9:15 Manicures (SR) 10:00 Christmas Worship (SK) 1:00 Havin' A Ball Exercise (SR) 2:15 Rosary (GR) <b>3:00 Rob Ellos: The Challenger &amp; Columbia Space Shuttle Astronauts (SK)</b> <b>5:30 CHRISTMAS LIGHTS DRIVE</b>	20 <b>9:00 CUB FOODS</b> 9:15 Coffee Chat: Christmas Around the World (SR) 10:15 Weight Exercises (SR) <b>2:00 Christmas Celebration (SR)</b>	21 1:00 Wii Bowling (SR) 2:00 Coffee and Therapeutic Coloring (GR) 6:00 Movie Night: The Santa Clause (SR) <small>Winter Begins</small>		
22 6:00 Bingo w/Pat (SR)	23 9:15 Daily Chronicles (SR) 10:15 Chair Yoga (SR) <b>1:00-2:00 Food Shelf in the Sunroom</b> 2:45 Christmas Family Feud w/HCC (SK) 6:00 Wii Bowling (SR)	24 9:15 Coffee Chat: Christmas Reminisce (SR) 10:15 Weight Exercises (SR) 1:15 Nutcracker Bingo (SR)	25  <small>Christmas Hanukkah Begins</small>	26 9:15 Daily Chronicles (SR) 10:00 Worship Video (SR) 1:00 Havin' A Ball Exercise (SR) 2:00 Christmas Music Bingo (SR) 3:30 Rosary (GR) 6:00 Movie & Popcorn: The Grinch (SR) <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 <b>Morning Well-Fit Testing by Appt. (GR)</b> <b>2:15 December Birthday Party (SR)</b> 3:00 Jeopardy (SR)	28 1:00 Wii Bowling (SR) 2:00 Coffee and Therapeutic Coloring (GR) 6:00 Movie Night: Last Christmas (SR)		
29 6:00 Bingo w/Pat (SR)	30 10:00 Coffee Chat: NYE Traditions (SR) 1:00 Chair Yoga (SR) 2:00 Ladies' Group Happy Hour (SR) 3:00 Wheel of Fortune (SR) 6:00 Wii Bowling (SR)	31 9:15 Coffee & Donuts w/Austin (SR) 10:15 Weight Exercises (SR) <b>2:00 New Year's Eve Celebration (SR)</b> 6:00 Bingo w/Karen (SR) <small>New Year's Eve</small>	<b>"A Polar Express Expedition"</b>				<b>***Coffee served at morning activities in SR.</b>	
<h1>December 2024</h1>								
		<b>Birthdays</b>		4th Mary C.	5th Mary D.	7th Pat A.	7th Bea H.	
				10th Dave N.	11th Bette R.	18th Stella D.	20th Margit N.	26th Richard M.

\*\*\*Activities are subject to change without notice. To contact Community Life Staff, dial 651-731-5509 for Sam 651-731-5508 for Melissa.