

January 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1 8:30 Life skills 10:00 Celebrate the New Year with Katie and Ruth 10:15 All about new years . Rewatch the ball drop 11:00 Table Talk 12:45 Massages w/Katie 2:00 New Years Resolution 3:15 Exploring Spirituality 4:45 Reflections Reminisce 6:00 Music of the Decades	8:30 Life skills 2 10:00 Worship Service w/ Chap 10:30 Brain Games 11:00 Table Talk 11:45 Live Lunch Music 12:45 One to One time 2:00 Lifelong Learning Trip: National Memorials of Washington D.C 3:45 Cognitive challenge 4:45 Reflections Reminisce 6:00 Old Time Shows	8:30 Life skills 3 10:00 Move and Groove 10:30 Morning Music Therapy 11:00 Table Talk 1:45 Movie and Popcorn 2:00 Travel Time 4:45 Reflections Reminisce 6:00 Guided Imagery #443	8:30 Life skills 4 10:00 Morning Exercise 10:30 Memory Joggers 11:00 Table Talk 12:45 CL one to ones 2:15 Bingo 4:00 Reflections 4:45 Reflections Reminisce 6:00 Games w/Friends
8:30 Life skills 5 10:00 Worship Service Spiritual eldercare 10:45 Brain Teasers 11:00 Table Talk 12:00 Football coming to an end 12:30 One to One time 1:00 UNO 2:00 Black Jack 3:00 Stretch & strengthen 4:45 Reflections Reminisce 6:00 Games w/Friends	8:30 Life skills 6 10:00 Life's Journey w/ Chaplain 11:00 Table Talk 1:30 Men's Cribbage Club 1:45 Ladies Spa/Retreat 3:00 Where music meets the soul: Spirit Song Choir concert 4:15 Walking Group 4:45 Reflections Reminisce 6:00 Exploration You Tube	8:30 Life skills 7 10:15 Adult Learning Presentation/ Discussion 10:45 Music Therapy 11:00 Table Talk 11:30 1:1 Music Therapy 11:45 Live Lunch music 12:45 CL one to one visits 1:30 Lobby Piano Music 3:45 Mystery Maddness 4:15 Simple Stretching 4:45 Reflections Reminisce 6:00 Nature Tours (Video)	8:30 Life skills 8 10:15 Aging Magnificently 10:45 Music Therapy 11:00 Table Talk 12:45 One to One time 12:45 Music Therapy 2:00 Birthday Party 3:45 Humor group 4:45 Reflections Reminisce 6:00 Music of the Decades	8:30 Life skills 9 10:00 Worship Eldercare 10:30 Brain Games 11:00 Table Talk 11:30 Spark celebration Awards ceremony 11:45 Live Lunch Music 12:45 One to One time 1:00 Tryathlon Team Meeting 2:30 Music in the soul : Michael Riddle entertainment 3:45 Cognitive challenge 4:45 Reflections Reminisce 6:00 Old Time Shows	8:30 Life skills 10 10:00 Move and Groove 10:30 Morning Music Therapy 11:00 Table Talk 1:00 Oshibori 2:00 Movie and Popcorn 4:45 Reflections Reminisce 6:00 Guided Imagery #443	8:30 Life skills 11 10:00 Morning Exercise 10:30 Finish the Phrase 11:00 Table Talk 12:45 CL one to ones 2:15 Bingo 4:00 Reflections 4:45 Reflections Reminisce 6:00 Games w/Friends

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Life skills 12 9:45 Worship Service with Dee 10:45 CHAT PACK 11:00 Table Talk 12:30 One to One time 1:00 Apples to Apples 2:00 Cards/Black Jack 3:00 Stretch & strengthen 4:45 Reflections Reminisce 6:00 Games w/Friends	8:30 Life skills 13 10:00 Life's Journey w/ Chaplain 11:00 Table Talk 1:30 Men's Cribbage Club 1:45 Ladies Spa/Retreat 3:00 Winter Family feud 4:15 Walking Group 4:45 Reflections Reminisce 6:00 Exploration You Tube	8:30 Life skills 14 10:15 Creative Writing 10:45 Music Therapy 11:00 Table Talk 11:30 1:1 Music Therapy 11:45 Live Lunch music 12:45 CL one to one visits 1:00 TRYathalon 1:30 Lobby Piano Music 3:45 Mystery Maddness 3:45 Intergenerational 4:15 Simple Stretching 4:45 Reflections Reminisce 6:00 Nature Tours (Video)	8:30 Life skills 15 10:00 Catholic Communion Service 10:15 Chicken Soup for Soul 10:45 Music Therapy 11:00 Table Talk 12:45 One to One time 12:45 Music Therapy 3:15 Exploring Spirituality 4:45 Reflections Reminisce 6:00 Music of the Decades	8:30 Life skills 16 10:00 Worship Service w/Chap 10:30 Brain Games 11:00 Table Talk 11:45 Live Lunch Music 12:45 One to One time 1:00 TRYathalon 2:30 Live Entertainment 2:30 Special Music Entertainment 3:45 Cognitive challenge 4:45 Reflections Reminisce 6:00 Old Time Shows	8:30 Life skills 17 10:00 Move and Groove 10:30 Morning Music Therapy 10:30 Chef Talk 11:00 Table Talk 1:00 Really Big Show 2:00 Popcorn and movies 2:15 Brain Games 4:45 Reflections Reminisce 6:00 Guided Imagery #443	8:30 Life skills 18 10:00 Morning Exercise 10:30 Name 10! 11:00 Table Talk 12:45 CL one to ones 2:15 Bingo 4:00 Reflections 4:45 Reflections Reminisce 6:00 Games w/Friends
8:30 Life skills 19 10:00 Worship Service Live Stream 10:45 Triva Ticklers 11:00 Table Talk 12:30 One to One time 1:00 Rosary 2:00 Black Jack 3:00 Stretch & strengthen 4:45 Reflections Reminisce 6:00 Games w/Friends	Martin Luther King Jr. Day 20 8:30 Life skills 10:00 Life's Journey w/ Chaplain 11:00 Table Talk 1:30 Men's Cribbage Club 1:45 Ladies Spa/Retreat 3:00 Mystery Fun 4:15 Walking Group 4:45 Reflections Reminisce 6:00 Exploration You Tube	8:30 Life skills 21 10:15 Google Group 10:45 Music Therapy 11:00 Table Talk 11:30 1:1 Music Therapy 11:45 Live Lunch music 12:45 CL one to one visits 1:00 TRYathalon 1:30 Lobby Piano Music 2:30 When music meets the soul 3:45 Mystery Maddness 3:45 Intergenerational 4:15 Simple Stretching 4:45 Reflections Reminisce 6:00 Nature Tours (Video)	8:30 Life skills 22 10:15 Ted Talks 10:45 Music Therapy 11:00 Table Talk 12:45 One to One time 12:45 Music Therapy 2:15 Bingo Bonanza 3:45 Name That TV Tune 4:45 Reflections Reminisce 6:00 Music of the Decades	8:30 Life skills 23 10:00 Worship Eldercare 10:30 Brain Games 11:00 Table Talk 11:45 Live Lunch Music 12:45 One to One time 1:00 TRYathalon 3:45 Cognitive challenge 4:45 Reflections Reminisce 6:00 Old Time Shows	8:30 Life skills 24 10:00 Move and Groove 10:30 Scattogories 10:30 Morning Music Therapy 11:00 Table Talk 1:00 Really Big Show 1:45 Popcorn and Movies 2:00 Travel program 4:45 Reflections Reminisce 6:00 Guided Imagery #443	8:30 Life skills 25 10:00 Morning Exercise 10:30 Chat Pack Extremes 11:00 Table Talk 12:45 CL one to ones 2:15 Bingo 3:45 Dominos 4:00 Reflections 4:45 Reflections Reminisce 6:00 Games w/Friends

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Life skills 26 9:45 Worship Service with Dee 10:45 Remember When? 11:00 Table Talk 12:30 One to One time 1:00 Name that old TV show 2:00 Black Jack 3:00 Stretch & strengthen 4:45 Reflections Reminisce 6:00 Games w/Friends	8:30 Life skills 27 10:00 Life's Journey w/ Chaplain 11:00 Table Talk 1:30 Men's Cribbage Club 1:45 Ladies Spa/Retreat 3:00 Service Project 4:15 Walking Group 4:45 Reflections Reminisce 6:00 Exploration You Tube	8:30 Life skills 28 10:15 Humor Grop 10:45 Music Therapy 11:00 Table Talk 11:30 1:1 Music Therapy 11:45 Live Lunch music 12:45 CL one to one visits 1:00 TRYathalon 1:30 Lobby Piano Music 4:15 Simple Stretching 4:45 Reflections Reminisce 6:00 Nature Tours (Video)	8:30 Life skills 29 10:15 What I really learned... 10:45 Music Therapy 11:00 Table Talk 12:45 One to One time 12:45 Music Therapy 2:30 Traveling with the Diplomats dtr 4:45 Reflections Reminisce 6:00 Music of the Decades	8:30 Life skills 30 10:30 Brain Games 11:00 Table Talk 11:45 Live Lunch Music 12:45 One to One time 1:00 TRYathalon 2:30 Part 2 traveling with the diplomats dtr 3:45 Cognitive challenge 4:45 Reflections Reminisce 6:00 Old Time Shows	8:30 Life skills 31 10:00 Move and Groove 10:30 Morning Music Therapy 11:00 Table Talk 1:00 Really Big Show 2:00 Travel Group 4:45 Reflections Reminisce 6:00 Guided Imagery #443	