

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


# November 2024

### Birthdays

1<sup>st</sup> Fran B. 3<sup>rd</sup> Marie W. 18<sup>th</sup> John K. 20<sup>th</sup> Elayne S. 30<sup>th</sup> Mary Lou J.

### **Starry Nights**

\*\*\*Coffee served at morning activities in SR.

					<p>10:00 Daily Chronicles (SR)  <b>1:00 Spark Challenge Recap (SK)</b>  2:15 Ice Cream Social (SR)  3:00 YouTube Trivia (SR)  <small>Diwali (Hindu)</small></p>	<p>2  1:00 Wii Bowling (SR)  2:00 Coffee and Therapeutic Coloring (GR)</p>
<p>3  1:30 Movie Matinee: Armageddon (SR)  6:00 Bingo w/Pat (SR)</p> <p><small>Daylight Saving Time Ends</small></p>	<p>9:15 Daily Chronicles (SR)  <b>10:15 Chair Yoga (SR)</b>  1:30 Penny Bunco (SR)  2:15 Pop-Up Library (SR)  <b>3:00 Entertainment: Mark Johnson (SK)</b>  6:00 Wii Bowling (SR)</p>	<p>4  9:15 Coffee &amp; Donuts w/Austin (SR)  <b>10:15 Weight Exercises (SR)</b>  <b>1:00 Spark Challenge Deep Dive (SK)</b>  2:15 Penny 654 Dice Game (SR)  6:00 Bingo w/Nancy (SR)</p>	<p>5  9:15 Daily Chronicles (SR)  10:00 Catholic Comm. (SK)  <b>12:50 Spark Challenge Competition (SK)</b>  <b>2:00 Jackson Medical Mobility Clinic (SR)</b>  <b>Individual Appts. start at 2:30 in the SR</b></p>	<p>6  9:15 Daily Chronicles (SR)  10:00 Worship w/Austin (SK)  <b>1:00 Havin' A Ball Exercise (SR)</b>  <b>2:00 LIVE Virtual Program: Eleanor Roosevelt (SK)</b>  3:30 Rosary (GR)  6:00 Movie &amp; Popcorn: Flags of Our Fathers (SR)</p>	<p>7  <b>9:00 WALMART</b>  9:15 Table Talk Tidbits (SR)  10:15 Weight Exercises (SR)  <b>1:00 Spark Challenge Recap (SK)</b>  2:15 Thirsty Thirty: Pizza (SR)  3:00 Wheel of Fortune (SR)</p>	<p>8  1:00 Wii Bowling (SR)  2:00 Coffee and Therapeutic Coloring (GR)</p>
<p>10  1:30 Movie Matinee: Platoon (SR)  6:00 Bingo w/Pat (SR)</p>	<p>11  9:15 Coffee Chat: Famous Veterans (SR)  <b>10:15 Chair Yoga (SR)</b>  <b>2:00 Veterans Day Social &amp; Recognition (SR)</b>  <b>3:00 Entertainment: Robert Bozaich (SK)</b>  6:00 Wii Bowling (SR)  <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>12  9:15 Daily Chronicles (SR)  <b>10:00 Dog Visit by Dora the Husky (SR)</b>  <b>1:00 Spark Challenge Deep Dive (SK)</b>  <b>3:30 GOLDEN CORRAL DINNER BUFFET</b>  6:00 Bingo w/Karen (SR)</p>	<p>13  9:15 Daily Chronicles (SR)  10:00 Catholic Mass (SR)  <b>12:50 Spark Challenge Competition (SK)</b>  2:00 Bible Study w/ Judy (SR)  <b>3:00 Resident Council Meeting (SR)</b></p>	<p>14  9:15 Manicures (SR)  10:00 Worship Video (SR)  1:00 Havin' A Ball Exercise (SR)  2:30 Rosary (GR)  <b>3:00 David Jones: Washington Monument (SK)</b>  6:00 Movie &amp; Popcorn: October Sky (SR)</p>	<p>15  9:15 Daily Chronicles (SR)  10:15 Weight Exercises (SR)  <b>1:00 Spark Challenge Recap (SK)</b>  2:15 Pie Social (SR)  3:00 Thanksgiving Fact or Fiction (SR)</p>	<p>16  1:00 Wii Bowling (SR)  2:00 Coffee and Therapeutic Coloring (GR)</p>
<p>17  Movie: Interstellar (SR)  2:00 Part One  6:00 Part Two</p>	<p>18  9:15 Daily Chronicles (SR)  <b>10:15 Chair Yoga (SR)</b>  1:15 Penny Dino Races (SR)  <b>2:30 MN Zoomobile (SK)</b>  6:00 Wii Bowling (SR)</p>	<p>19  9:15 Coffee &amp; Donuts w/Austin (SR)  <b>10:15 Weight Exercises (SR)</b>  <b>1:00 Spark Challenge Deep Dive (SK)</b>  2:15 UNO (SR)  6:00 Bingo w/Karen (SR)</p>	<p>20  9:15 Daily Chronicles (SR)  10:00 Catholic Comm. (SK)  <b>12:50 Spark Challenge Competition (SK)</b>  2:00 Grief Support Group w/Chaplain Austin (SR)  3:00 Men's Group Happy Hour (SR)</p>	<p>21  9:15 Daily Chronicles (SR)  10:00 Worship w/Austin (SK)  1:00 Havin' A Ball Exercise (SR)  <b>2:30 Entertainment: Bobbi &amp; Christine B'Cause (SK)</b>  3:30 Rosary (GR)  <b>3:30 MN HISTORY MUSEUM</b></p>	<p>22  <b>9:00 DOLLAR TREE</b>  9:15 Cranium Crunches (SR)  10:15 Weight Exercises (SR)  <b>1:00 Spark Challenge Recap (SK)</b>  2:15 Thanksgiving Celebration (SR)</p>	<p>23  1:00 Wii Bowling (SR)  2:00 Coffee and Therapeutic Coloring (GR)</p>
<p>24  1:30 Movie Matinee: American Sniper (SR)  6:00 Bingo w/Pat (SR)</p>	<p>25  9:15 Daily Chronicles (SR)  <b>10:15 Chair Yoga (SR)</b>  <b>1:00-2:00 Food Shelf in the Sunroom</b>  2:45 Watercolor Painting: Starry Night (SR)  6:00 Wii Bowling (SR)</p>	<p>26  9:15 Daily Chronicles (SR)  10:15 Weight Exercises (SR)  1:30 Coffee and Constellations (SR)  3:00 Ladies' Group Happy Hour (SR)  6:00 Bingo w/Karen (SR)</p>	<p>27  10:00 Catholic Mass (SR)  1:00 Havin' A Ball Exercise (SR)  2:00 Bible Study w/ Judy (SR)  3:00 Yahtzee (SR)</p>	<p>28    <small>Thanksgiving Day</small></p>	<p>29  Morning Well-Fit Testing by Appt.  2:15 November Birthday Party (SR)  3:00 Jeopardy (SR)</p>	<p>30  1:00 Wii Bowling (SR)  2:00 Coffee and Therapeutic Coloring (GR)</p>

\*\*\*Activities are subject to change without notice. To contact Community Life Staff, dial 651-731-5509 for Sam 651-731-5508 for Melissa.