

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>BIRTHDAYS</b> 8th Betty W. 8th Judy W. 9th Patty D. 11th Dave B. 11th Pat R. 17th Pat B. 21st Vivian E. 30th Arlene J. 31st Sally D.	9:15 Daily Chronicles (SR) <sup>1</sup> 10:15 Chair Yoga (SR) 2:00 LIVE Virtual Program: FDR Presidential Museum (SK) 3:00 Pop-Up Library (SR) 6:00 Wii Bowling (SR) <small>Canada Day</small>	9:15 Life Stories (SR) <sup>2</sup> 10:15 Weight Exercises (SR) 1:00 Grip Games: Captains Meeting (SK) 2:30 Trash Card Game (SR) 6:00 Bingo w/Barb (SR)	9:15 Daily Chronicles (SR) <sup>3</sup> 10:00 Catholic Comm. (SK) 1:00 Havin' A Ball Exercise (SR) 1:45 Aegis Meet & Greet (SR) 2:15 4 <sup>th</sup> of July Celebration (SR) 3:15 USA Bingo (SR)	 9:15 Manicures (SR) <sup>4</sup> 10:00 Catholic Comm. (SK) 1:00 Havin' A Ball Exercise (SR) 1:45 Aegis Meet & Greet (SR) 2:15 4 <sup>th</sup> of July Celebration (SR) 3:15 USA Bingo (SR)	10:15 Table Talk Tidbits (SR) 1:00 Weight Exercises (SR) 2:00 Movie Matinee & Popcorn: The Sandlot (SR)	1:00 Wii Bowling (SR) 2:00 Coffee and Therapeutic Coloring (GR)	
1:30 Movie Matinee: Devotion (SR) 6:00 Bingo w/Pat (SR)	7 9:15 Daily Chronicles (SR) 10:15 Chair Yoga (SR) 1:30 Penny Dino Races (SR) 3:00 Men's Group Happy Hour (SR) 6:00 Wii Bowling (SR)	8 9:15 You Be the Judge (SR) 10:15 Weight Exercises (SR) 1:00 Grip Games Team Meeting and Practice (SK) 2:30 Tori's Precious Pets (SK) 6:00 Bingo w/Karen (SR)	9 9:15 Daily Chronicles (SR) <sup>10</sup> 10:00 Catholic Mass (SR) 1:00 Havin' A Ball Exercise (SR) 2:00 Bible Study w/Judy (SR) 3:00 Penny Tripoley (SR)	11 9:15 Manicures (SR) 10:00 Worship w/Austin (SK) 1:00 Grip Games Practice (SK) 2:15 Resident Council Meeting (SR) 3:30 Rosary (GR) 3:30 NORTHERN TAPHOUSE	12 9:00 TARGET 9:15 Cranium Crunches (SR) 10:15 Fitness & Trivia (SR) 1:00 Card Bingo (SR) 2:15 Ice Cream Social (SR) 3:00 YouTube Trivia (SR)	13 1:00 Wii Bowling (SR) 2:00 Coffee and Therapeutic Coloring (GR)	
14 1:30 Movie Matinee: Waterworld (SR) 6:00 Bingo w/Pat (SR)	15 9:15 Daily Chronicles (SR) 10:15 Chair Yoga (SR) 1:30 Farkle Dice Game (SR) 3:00 Ladies' Group Happy Hour (SR) 6:00 Wii Bowling (SR)	16 9:15 Life Stories (SR) 10:15 Weight Exercises (SR) 1:00 Grip Games Scrimmage (SK) 2:45 Great Barrier Reef Travel Day (SR) 4:00 STILLWATER CONCERT IN THE PARK 6:00 Bingo w/Karen (SR)	17 9:15 Daily Chronicles (SR) 10:00 Catholic Comm. (SK) 1:00 Havin' A Ball Exercise (SR) 2:00 Grief Support Group w/Austin (SR) 3:00 Penny 654 Dice Game (SR)	18 9:15 Happy News (SR) 10:00 Worship w/Austin (SK) 1:00 Grip Games Practice (SK) 2:30 Entertainment: Todd Anderson (SK) 3:30 Rosary (GR) 6:00 Movie & Popcorn: Sully (SR)	19 9:15 Discover Our Oceans (SR) 10:15 Spiro 100 Fitness Club: Kickboxing (SR) 1:00 Grip Games Recap (SK) 2:15 Thirsty Thirty: Parmesan Meatballs (SR) 3:00 Wheel of Fortune (SR)	20 1:00 Wii Bowling (SR) 2:00 Coffee and Therapeutic Coloring (GR)	
21 1:30 Movie Matinee: Hacksaw Ridge (SR) 6:00 Bingo w/Pat (SR)	22 9:15 Daily Chronicles (SR) 10:30 Fishing Trip and Picnic Lunch 3:15 Chair Yoga (SR) 6:00 Wii Bowling (SR)	23 9:15 You Be the Judge (SR) 10:15 Weight Exercises (SR) 1:00 Grip Games Competition (SK) 2:30 Karaoke Party w/HCC and Tony Armstrong (SK) 6:00 Bingo w/Barb (SR)	24 9:15 Daily Chronicles (SR) 10:00 Catholic Mass (SR) 1:00 Havin' A Ball Exercise (SR) 2:00 Bible Study w/Judy (SR) 4:15 COMO CONCERT IN THE PARK	25 9:00 Manicures (SR) 10:00 Spiritual Eldercare Video (SR) 1:00 Grip Games Practice (SK) 2:30 Penny Take 7 (SR) 3:30 Rosary (GR) 6:00 Movie & Popcorn: Finding Nemo (SR)	26 9:00 CUB FOODS Morning Well-Fit Testing by Appt. 1:00 Grip Games Recap (SK) 2:15 July Birthday Party (SR) 3:00 Jeopardy (SR)	27 1:00 Wii Bowling (SR) 2:00 Coffee and Therapeutic Coloring (GR)	
28 1:30 Movie Matinee: Midway (SR) 6:00 Bingo w/Pat (SR)	29 9:15 Daily Chronicles (SR) 10:15 Chair Yoga (SR) 1:00-2:00 Food Shelf in the Sunroom 2:30 Murder Mysteries (SR) 6:00 Wii Bowling (SR)	30 9:15 Life Stories (SR) 10:15 Weight Exercises (SR) 1:00 Grip Games Competition (SK) 2:30 Ocean Watercolor Paint Class (SR) 6:00 Bingo w/Barb (SR)	31 9:15 Daily Chronicles (SR) 10:00 Catholic Mass (SR) 1:00 Havin' A Ball Exercise (SR) 2:00 Penny Bunco (SR) 3:00 David Jones Historical Presentation: Berlin Olympics (SK)	<h1>July 2024</h1> <h2>An Under the Sea Discovery</h2>			

\*\*\*Activities are subject to change without notice. To contact Community Life Staff, dial 651-731-5509 for Sam or 651-731-5509 for Caitlyn.