

# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change Please see weekly calendar and bulletin board for updates.					<b>1</b> <b>8:30</b> Life skills <b>10:00</b> Move and Grove <b>10:45</b> Name that.....???? <b>11:15</b> Reflections Reminisce <b>1:00</b> Really Big Show Tryathlon <b>1:15</b> Person Centered Care visits <b>2:15</b> Travel Club/ Movies Popcorn <b>4:15</b> Social Sit down/Table talk <b>5:00</b> Music Therapy <b>5:45</b> Music Therapy 1:1's <b>6:00</b> Guided Imagery <b>6:30</b> Live Harp/Piano Music	<b>2</b> <b>8:30</b> Life skills <b>10:00</b> Well fit Exercise <b>10:45</b> Trivia Challenge <b>11:15</b> Reflections Reminisce <b>1:15</b> One to One Interventions <b>2:00</b> Bingo <b>3:30</b> Exercise games/Ball Toss <b>4:00</b> Fun Facts <b>4:15</b> Social Sit down/Table talk
<b>3</b> <b>8:30</b> Life skills <b>9:45</b> Worship Service <b>11:15</b> Reflections Reminisce <b>1:00</b> Lobby Music Therapy <b>2:15</b> Sunday afternoon w/Dale <b>4:15</b> Social Sit down/Table talk <b>5:00</b> Music Therapy TCU <b>6:15</b> Hymns and Prayers <b>6:30</b> Cards/Games w/friends	<b>4</b> <b>8:30</b> Life skills <b>10:15</b> Life's Journey with Chaplain Austin <b>10:45</b> When was the last time??? <b>11:15</b> Reflections Reminisce <b>1:15</b> Men's Discovery w/Dale <b>2:30</b> Drummin Fun Well Fit <b>3:45</b> Reflections/Reminisce <b>4:15</b> Social Sit down/Table talk <b>6:00</b> You Tube Exploration. Res choice	<b>5</b> <b>8:30</b> Life skills <b>10:00</b> TimeSlips Creative Writing <b>10:45</b> Creative writing finishing touch <b>11:15</b> Reflections Reminisce <b>12:45</b> Tryathlon meet <b>1:15</b> Men's Discovery w/Dale <b>2:30</b> <b>Christmas in Norway</b> <b>4:15</b> Social Sit down/Table talk <b>6:00</b> Nature Videos	<b>6</b> <b>8:30</b> Life skills <b>10:00</b> <b>Catholic Communion Service</b> <b>10:15</b> Stories of Faith: Soup for the Soul <b>11:15</b> Reflections Reminisce <b>1:15</b> Ladies Spa Retreat <b>1:15</b> Men's Discovery w/Dale <b>2:15</b> <b>Birthday Party Celebration</b> <b>3:15</b> Exploring Spirituality <b>4:15</b> Social Sit down/Table talk <b>6:00</b> Music of the Decades <b>6:30</b> Live Harp/Piano Music	<b>7</b> <b>8:30</b> Life skills <b>10:00</b> <b>Worship Service</b> <b>10:45</b> SPIN TO WIN <b>11:15</b> Reflections Reminisce <b>12:45</b> Tryathlon meet <b>1:00</b> Ladies Spa Retreat <b>1:15</b> Men's Discovery w/Dale <b>2:00</b> <b>Bright Light presents: Women in WWII</b> <b>3:30</b> Balloon Volleyball <b>4:15</b> Social Sit down/Table talk <b>6:30</b> Old Time Shows	<b>8</b> <b>8:30</b> Life skills <b>10:00</b> Move and Grove <b>10:45</b> Name that.....???? <b>11:15</b> Reflections Reminisce <b>1:00</b> Really Big Show Tryathlon <b>1:15</b> Person Centered Care visits <b>2:15</b> Travel Club/ Movies Popcorn <b>4:15</b> Social Sit down/Table talk <b>6:00</b> Guided Imagery	<b>9</b> <b>8:30</b> Life skills <b>10:00</b> Well Fit Exercise <b>10:45</b> Trivia Challenge <b>11:15</b> Reflections Reminisce <b>1:15</b> One to One Interventions <b>2:00</b> Bingo <b>3:30</b> Exercise games/Ball Toss <b>3:45</b> Fun Facts <b>4:15</b> Social Sit down/Table talk
<b>10</b> <b>Ramadan Begins</b> <b>8:30</b> Life skills <b>9:45</b> Worship Spiritual Eldercare <b>10:30</b> Brain Teasers <b>11:15</b> Reflections Reminisce <b>1:00</b> One to One Interventions <b>2:15</b> Sunday movie Matinee <b>4:15</b> Social Sit down/Table talk <b>6:30</b> Cards/Games w/friends	<b>11</b> <b>8:30</b> Life skills <b>10:15</b> Life's Journey with Chaplain Austin <b>10:45</b> When was the last time??? <b>11:15</b> Reflections Reminisce <b>1:15</b> Men's Discovery w/Dale <b>2:30</b> Drummin Fun Well Fit <b>3:45</b> Reflections/Reminisce <b>4:15</b> Social Sit down/Table talk <b>6:00</b> You Tube Exploration. Res choice	<b>12</b> <b>8:30</b> Life skills <b>10:00</b> TimeSlips Creative Writing <b>10:45</b> Creative writing finishing touch <b>11:15</b> Reflections Reminisce <b>1:00</b> Final Four competition <b>1:15</b> Men's Discovery w/Dale <b>2:30</b> <b>Snake Rattle and Roll Discovery</b> <b>4:15</b> Social Sit down/Table talk <b>6:00</b> Nature Videos	<b>13</b> <b>8:30</b> Life skills <b>10:15</b> Seeing beyond the wrinkles: Aging M <b>11:15</b> Reflections Reminisce <b>1:00</b> Ladies Spa Retreat <b>1:15</b> Men's Discovery w/Dale <b>2:15</b> Bingo Variety <b>4:15</b> Social Sit down/Table talk <b>4:30</b> Reflections Reminisce <b>6:00</b> Music of the Decades	<b>14</b> <b>8:30</b> Life skills <b>10:00</b> <b>Worship Service</b> <b>10:45</b> March Reflections <b>11:15</b> Reflections Reminisce <b>1:00</b> Final Four competition <b>1:15</b> Men's Discovery w/Dale <b>2:30</b> Cognitive Games <b>3:30</b> Balloon Volleyball <b>4:15</b> Social Sit down/Table talk <b>6:30</b> Old Time Shows	<b>15</b> <b>8:30</b> Life skills <b>10:00</b> Move and Grove <b>10:30</b> <b>Chef Talk and Food Committee</b> <b>11:15</b> Reflections Reminisce <b>1:00</b> Really Big Show Tryathlon <b>1:15</b> Person Centered Care visits <b>2:15</b> Travel Club/ Movies Popcorn <b>4:15</b> Social Sit down/Table talk <b>6:00</b> Guided Imagery	<b>16</b> <b>8:30</b> Life skills <b>10:00</b> Well fit exercsie <b>10:45</b> Trivia Challenge <b>11:15</b> Reflections Reminisce <b>1:15</b> One to One Interventions <b>2:00</b> Bingo <b>3:30</b> Exercise games/Ball Toss <b>3:45</b> Fun Facts <b>4:15</b> Social Sit down/Table talk

