

JANUARY 2024



Woodbury Healthcare Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change Please see weekly calendar and bulletin board for updates.	1 New Year's Day	2	3	4	5	6
	8:30 Life skills 10:00 Happy New year celebration 10:15 Spiritual: Prayer, devotion, hymns 1:15 Music and Massage 1:15 Person Centered Care Visits 2:45 Thinking ahead for 2024 7:00 MN VIKING VS GREEN BAY PACKERS	4:30 Reminisce 8:30 Life skills 10:00 Time to take down Christmas everyone 1:15 Person Centered Care Visits 2:15 Discover w/Dale 2:45 The price is right. 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:30 Live Harp/Piano Music	8:30 Life skills 10:00 Catholic Communion Service 10:30 Aging Magnificently 1:15 Person Centered Care Visits 2:15 Birthday Party Celebration 3:15 Exploring Spirituality 4:30 Reflections Reminisce 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:00 Music of the Decades 6:30 Live Harp/Piano Music	1:00 Tryatholon Captains Meeting 8:30 Life skills 10:00 Worship Service 11:00 Spark Challenge Celebration 1:15 Spa Retreat & Manicures 2:00 Bright Light presents: The Beatles at Shea Stadium 3:30 Balloon Volleyball 4:15 Discover w/Dale 5:00 Music Therapy 5:45 Music Therapy 1:1's 6:00 Old Time Shows 6:30 Live Harp/Piano Music	8:30 Life skills 10:00 Move and Grove 10:45 Name that.....Star of the Month 1:15 Person Centered Care visits 2:15 Movie & Popcorn 2:15 Travel Club 4:15 Resident Choice Games 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:00 Individual Cards/Games 6:30 Live Harp/Piano Music	8:30 Life skills 10:15 Well fit Exercise 10:45 Trivia Challenge 1:15 One to One Interventions 2:00 Bingo 2:15 Music Therapy Game 3:45 Exercise games/Ball Toss 4:15 Fun Facts
7	8	9	10	11	12	13
8:30 Life skills 9:45 Worship Service 10:15 Book Club 1:00 Lobby Music Therapy 2:30 Movie Matinee & Popcorn 2:30 Sunday Bingo (rotate) 5:00 Music Therapy TCU 6:15 Hymns and Prayers 6:30 Live Harp/Piano Music	8:30 Life skills 10:15 Life's Journey with Chaplain Austin 10:30 Tryathlon meeting 10:45 When was the last time??? 1:15 Person Centered Care Visits 2:30 Drummin Fun Well Fit 3:45 Reminisce 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:30 Live Harp/Piano Music	4:30 Reminisce 8:30 Life skills 10:00 TimeSlips Creative Writing 10:45 Creative writing finishing touch 1:15 Fun with Dale 1:15 Person Centered Care Visits 2:30 New Years Celebration 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:30 Live Harp/Piano Music	8:30 Life skills 10:00 Catholic Communion Service 10:30 January Facts and Trivia 1:15 Fun with Dale 1:15 Person Centered Care Visits 2:15 Bingo Variety 3:15 Exploring Spirituality 4:30 Reflections Reminisce 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:00 Music of the Decades 6:30 Live Harp/Piano Music	8:30 Life skills 10:00 Worship Service 1:15 Fun with Dale 1:15 Spa Retreat & Manicures 2:30 Cognitive Games 3:30 Balloon Volleyball 4:15 Discover w/Dale 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:00 Old Time Shows 6:30 Live Harp/Piano Music	8:30 Life skills 10:00 Move and Grove 10:45 Name that.....Star of the Month 1:00 REALLY BIG SHOW AWARDS 1:15 Person Centered Care visits 2:15 Movie & Popcorn 2:15 Travel Club 4:15 Resident Choice Games 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:00 Individual Cards/Games 6:30 Live Harp/Piano Music	8:30 Life skills 10:15 Well fit Exercise 10:45 Trivia Challenge 1:15 One to One Interventions 2:00 Bingo 2:15 Music Therapy Game 3:45 Exercise games/Ball Toss 4:15 Fun Facts
14	15 Martin Luther King Day	16	17	18	19	20
8:30 Life skills 9:45 Worship Service 10:15 Book Club 1:00 Lobby Music Therapy 2:30 Movie Matinee & Popcorn 2:30 Sunday Bingo (rotate) 5:00 Music Therapy TCU 6:15 Hymns and Prayers 6:30 Live Harp/Piano Music	8:30 Life skills 10:15 Life's Journey with Chaplain Austin 10:45 When was the last time??? 1:15 Fun with Dale 1:15 Person Centered Care Visits 2:15 Drummin Fun Well Fit 3:00 Martin Luther King : I have a dream 3:45 Reminisce 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:30 Live Harp/Piano Music	4:30 Reminisce 8:30 Life skills 10:00 TimeSlips Creative Writing 10:45 Creative writing finishing touch 12:45 Scrimmage Tryathlon 1:15 Fun with Dale 1:15 Person Centered Care Visits 2:15 Discover w/Dale 2:30 WINTER WONERLAND ICE CASTLES Crafts 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:30 Live Harp/Piano Music	8:30 Life skills 10:00 Catholic Communion Service 10:30 Aging Magnificently 1:15 Fun with Dale 1:15 Person Centered Care Visits 2:00 Resident Council Meeting 2:15 Bingo Variety 3:15 Exploring Spirituality 4:30 Reflections Reminisce 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:00 Music of the Decades 6:30 Live Harp/Piano Music	8:30 Life skills 10:00 Worship Service 10:30 WINTER WONDERLAND ICE HOCKEY noodle style 12:45 Scrimmage 1:15 Fun with Dale 1:15 Spa Retreat & Manicures 2:30 Entertainment : Sammie P 3:30 Balloon Volleyball 4:15 Discover w/Dale 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:00 Old Time Shows 6:30 Live Harp/Piano Music	8:30 Life skills 10:00 Move and Grove 10:30 Chef Talk and Food Committee 1:15 Person Centered Care visits 2:15 ICE LAND travel club 2:15 Movie & Popcorn 4:15 Resident Choice Games 5:00 Music Thearpy 5:45 Music Therapy 1:1's 6:00 Individual Cards/Games 6:30 Live Harp/Piano Music	8:30 Life skills 10:15 Well fit Exercise 10:45 Trivia Challenge 1:15 One to One Interventions 2:00 Bingo 2:15 Music Therapy Game 3:45 Exercise games/Ball Toss 4:15 Fun Facts

JANUARY 2024



Woodbury Healthcare Center

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div>21</div> <div><div>8:30</div> Life skills</div> <div><div>9:45</div> Worship Service</div> <div><div>10:15</div> Book Club</div> <div><div>1:00</div> Lobby Music Therapy</div> <div><div>2:30</div> Movie Matinee & Popcorn</div> <div><div>2:30</div> Sunday Bingo (rotate)</div> <div><div>5:00</div> Music Therapy TCU</div> <div><div>6:15</div> Hymns and Prayers</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>22</div> <div><div>8:30</div> Life skills</div> <div><div>10:15</div> Life's Journey with Chaplain Austin</div> <div><div>10:45</div> When was the last time???</div> <div><div>1:15</div> Fun with Dale</div> <div><div>1:15</div> Person Centered Care Visits</div> <div><div>2:30</div> Drummin Fun Well Fit</div> <div><div>3:45</div> Winter wonderland Reminisce</div> <div><div>5:00</div> Music Thearpy</div> <div><div>5:45</div> Music Therapy 1:1's</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>23</div> <div><div>4:30</div> Reminisce</div> <div><div>8:30</div> Life skills</div> <div><div>10:00</div> TimeSlips Creative Writing</div> <div><div>10:45</div> Creative writing finishing touch</div> <div><div>12:45</div> Tryathlon meet</div> <div><div>1:15</div> Fun with Dale</div> <div><div>1:15</div> Person Centered Care Visits</div> <div><div>2:15</div> Discover something new!</div> <div><div>2:30</div> Crafts</div> <div><div>5:00</div> Music Thearpy</div> <div><div>5:45</div> Music Therapy 1:1's</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>24</div> <div><div>8:30</div> Life skills</div> <div><div>10:00</div> Old Time Tunes Sing A Long</div> <div><div>1:15</div> Fun with Dale</div> <div><div>1:15</div> Person Centered Care Visits</div> <div><div>2:15</div> Bingo Variety</div> <div><div>3:15</div> Exploring Spirituality</div> <div><div>4:30</div> Reflections Reminisce</div> <div><div>5:00</div> Music Thearpy</div> <div><div>5:45</div> Music Therapy 1:1's</div> <div><div>6:00</div> Music of the Decades</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>25</div> <div><div>8:30</div> Life skills</div> <div><div>10:00</div> Worship Service</div> <div><div>1:15</div> Fun with Dale</div> <div><div>1:15</div> Spa Retreat & Manicures</div> <div><div>3:00</div> Woodbury Kitchen Band</div> <div><div>3:30</div> Balloon Volleyball</div> <div><div>4:15</div> Social w/Dale</div> <div><div>5:00</div> Music Thearpy</div> <div><div>5:45</div> Music Therapy 1:1's</div> <div><div>6:00</div> Old Time Shows</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>26</div> <div><div>8:30</div> Life skills</div> <div><div>10:00</div> Move and Grove</div> <div><div>10:45</div> Name that.....Star of the Month</div> <div><div>1:15</div> Person Centered Care visits</div> <div><div>2:15</div> Movie & Popcorn</div> <div><div>2:15</div> Travel Club</div> <div><div>4:15</div> Resident Choice Games</div> <div><div>5:00</div> Music Thearpy</div> <div><div>5:45</div> Music Therapy 1:1's</div> <div><div>6:00</div> Individual Cards/Games</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>27</div> <div>Holocaust Remembrance Day</div> <div><div>8:30</div> Life skills</div> <div><div>10:15</div> Well fit Exercise</div> <div><div>10:45</div> Trivia Challenge</div> <div><div>1:15</div> One to One Interventions</div> <div><div>2:00</div> Bingo</div> <div><div>2:15</div> Music Therapy Game</div> <div><div>3:45</div> Exercise games/Ball Toss</div> <div><div>4:15</div> Fun Facts</div>	
<div>28</div> <div><div>8:30</div> Life skills</div> <div><div>9:45</div> Worship Service</div> <div><div>10:15</div> Book Club</div> <div><div>1:00</div> Lobby Music Therapy</div> <div><div>2:30</div> Movie Matinee & Popcorn</div> <div><div>2:30</div> Sunday Bingo (rotate)</div> <div><div>5:00</div> Music Therapy TCU</div> <div><div>6:15</div> Hymns and Prayers</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>29</div> <div><div>8:30</div> Life skills</div> <div><div>10:15</div> Life's Journey with Chaplain Austin</div> <div><div>10:45</div> When was the last time???</div> <div><div>1:15</div> Fun with Dale</div> <div><div>1:15</div> Person Centered Care Visits</div> <div><div>2:30</div> Drummin Fun Well Fit</div> <div><div>3:45</div> Reminisce</div> <div><div>5:00</div> Music Thearpy</div> <div><div>5:45</div> Music Therapy 1:1's</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>30</div> <div><div>4:30</div> Reminisce</div> <div><div>8:30</div> Life skills</div> <div><div>10:00</div> Giant Candyland</div> <div><div>10:45</div> Creative writing finishing touch</div> <div><div>1:15</div> Fun with Dale</div> <div><div>1:15</div> Person Centered Care Visits</div> <div><div>2:15</div> Discover something new!</div> <div><div>2:30</div> Crafts</div> <div><div>5:00</div> Music Thearpy</div> <div><div>5:45</div> Music Therapy 1:1's</div> <div><div>6:30</div> Live Harp/Piano Music</div>		<div>31</div> <div><div>8:30</div> Life skills</div> <div><div>9:45</div> Winter Snowbird Spa</div> <div><div>1:15</div> Fun with Dale</div> <div><div>1:15</div> Person Centered Care Visits</div> <div><div>2:15</div> Bingo Variety</div> <div><div>3:15</div> Exploring Spirituality</div> <div><div>4:30</div> Reflections Reminisce</div> <div><div>5:00</div> Music Thearpy</div> <div><div>5:45</div> Music Therapy 1:1's</div> <div><div>6:00</div> Music of the Decades</div> <div><div>6:30</div> Live Harp/Piano Music</div>							