



Woodbury Estates | 2825 Woodlane Drive, Woodbury, MN 55125 | (651) 501-2105



## Our Community Newsletter

Discover what's going on in your neck of the woods.

### STAFF BIRTHDAYS

JOYLIN  
FEBRUARY 1ST

BRITTANY  
FEBRUARY 5TH

GODWIN  
FEBRUARY 15TH

### RESIDENT BIRTHDAYS

SHIRLEY M  
FEBRUARY 7TH

BETTY N  
FEBRUARY 21ST

LORRAINE H  
FEBRUARY 28TH

# WOODBURY ESTATES

## Estates Information



### Information for Online Payments

As we consistently look to improve our process at Woodbury Senior Living, we have recognized that continuing to use mail for invoices is not the most efficient process. In order to provide you with the quickest service, we will now be sending invoices electronically via email. By sending this document via email we can ensure resident invoices can be received in a reasonable amount of time for payments to me made by the **5th of the month**.

In order for emailing to be successful, we need you to send us the best email contact for the resident. The email can be sent to [astauffacher@woodburyseniorliving.com](mailto:astauffacher@woodburyseniorliving.com). If you have any questions or need any further information, please reach out via email or call **651-501-2191**.

We also have an online payment option available for quick and easy payment. To make an online payment; go to our website, <https://woodburyseniorliving.com/>, click on the **Make a Payment** tab, select the place of residence, click **QuickPay**, and enter in the resident's information. If further directions are needed, please reach out via email or phone.

Thank you for helping us to provide the best service,  
Business Office Team

### Introducing our New Nursing Staff!

Introducing our Director of Health Services, Peggy Stubbs! She is here to answer any questions you may have about your care and needs. Feel free to introduce yourself when you see her around at the Estates!

[pstubbs@woodburyseniorliving.com](mailto:pstubbs@woodburyseniorliving.com) / 651-501-2113

*"I am the Assistant Director of Health Services, I love to read and take my two dogs, Gus and Luna, for adventures!"*

😊 - Hannah (Assistant Director of Health Services)  
[hhiniker2@woodburyseniorliving.com](mailto:hhiniker2@woodburyseniorliving.com)

*"I live in a cute yellow house in Eagan with my two teenage daughters (Lydia 18 and Maddie 15) and two dogs (Charlie and Teddybear). I've been a nurse since 2014. Before I started working in assisted living 6 years ago, I worked in Hospice and was a school nurse for disabled children. My mother was also a Hospice nurse at North Memorial. I'm an avid reader, mostly of historical fiction and a world traveler. My favorite activity is to go kayaking. Looking forward to meeting you all!"* - Carrie LPN  
[croseth@woodburyseniorliving.com](mailto:croseth@woodburyseniorliving.com)

Hannah ADHS, Carrie LPN, Peggy DHS

# FEBRUARY EVENTS



### Girl Scout Cookies For Sale!!!!

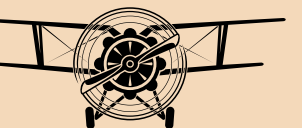
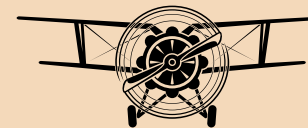
Location: Estates Fireside Lounge  
Time: Wednesday, February 21st  
4:00PM - 5:30PM

The Girl Scouts will be putting up a stand at the Estates for Residents, Staff and Families to purchase. They also will be providing the variety of cookies in a flyer, days prior to their arrival. Check it out and hope to see you there!

Girl Scout Troop 58006 is excited to bring you Girl Scout Cookies this year! We are a group of 9th graders at Woodbury High School and we have been in girl scouts for years. Our troop loves the outdoors, and we use the money we earn from cookies to support our adventures. Last year we took a road trip to Michigan, and this January we went dogsledding and did ice climbing. We are looking forward to being leaders at camp this summer and teaching younger scouts about outdoor cooking and camping. On Wednesday, February 21, we are excited to visit and bring cookies for you to enjoy. Cookies are **\$6 per package**, and we will have all your favorite flavors.

## Celebrating Women in Armed Forces Displayed at Woodbury Senior Living

\*\*Community Life will provide escorts\*\*



MONDAY,  
FEBRUARY 19TH  
10:00AM-2:00PM



**Come and visit our tribute to our Women that served in the Armed Forces. This display will be at Woodbury Senior Living in the Skyway!**  
**Come and learn of their history as it's displayed. This is a fundraising event!**  
**All donations go towards [Thecatsmeow](https://www.patreon.com/Thecatsmeow)/WW2girls Women that served in the Armed Forces.**  
**Any questions contact Debra at [651.501.2105/dbland@woodburyseniorliving.com](mailto:651.501.2105/dbland@woodburyseniorliving.com)**

# SPIRITUAL SERVICES

*The season of Lent in the Christian Church begins with the observance of Ash Wednesday on February 14th.*

*St. Ambrose Parish will provide Catholic Ash Wednesday and Woodbury Senior Living Chaplains will provide Non-Denominational services that day as well. "Ashes to-go" by both St. Ambrose and WSL Chaplains will be offered for those who are unable to attend.*

**Ash Wednesday**  
**Estates Catholic Service**  
**Location: Chapel at 11:00 AM**

**Ash Wednesday**  
**Non-Denominational Service**  
**Location: Town Square at 1:15PM**



*Lull in the Rhythm of Doing - by Rev. Howard Thurman*

*"There is no argument needed for the necessity of taking time for being alone, for withdrawal, for being quiet without and still within. The sheer physical necessity is urgent because the body and the entire nervous system cry out for the healing waters of silence...seek each day, and several times a day, a lull in the rhythm of daily doing, a period when nothing happens that demands active participation. "The Lenten season begins Wednesday, February 14th with Ash Wednesday. It is a time to reflect and repent of all that which binds us from living full lives with kindness to one another. On Ash Wednesday, that remembrance is marked with ashes on the forehead. On that day, your chaplains will offer these ashes to every resident, staff and family member on campus who requests it. Special brief times of worship will also be offered: 11AM Catholic Ash Wednesday service - 1:15PM in Town Square for Non-denominational Ash Wednesday service. Your chaplains are here for you in your time of need – call or email us anytime or ask a staff member to contact us for you.*

Woodbury Senior Living Chaplain - Shari Howell

# ESTATES COMMUNITY LIFE

*Happy February!*

*Community Life is looking forward to a month of "warmth" and "kindness" to all of our Residents and Staff! The Estates will be having a Valentine's Day Party with a performance from Colleen Hiebebler! Community Life will then be announcing our King and Queen of Estates! When you come to the event, you will be entered to win the Crown! This should be a fun event and encourage all to come!*

*As of February, there will be separate activities on each floor. Please check your Activity Calendars for programs for the date & times! There will be a few activities such as performances and worship services that will still be combined until further notice. We will be sure to keep you updated for any changes on the calendar! Please post our calendar in your apartment so you don't miss activities that you are interested in.*

*We also will be having a "Calendar Meeting" once a month for 1st Floor residents to share their ideas and feedback on certain programs. We appreciate your input, as we want to make our community a safe and fun environment for all residents at the Estates! All "Meetings" will be posted on the Activity Calendars such as Chef's Talks, Resident Council and Calendar Meetings.*

*Have fun and stay warm!*

*Brittany Barndollar - CL Estates Director*  
*651-501-2112*



**Here are some of February "Highlights" to look forward to...**

**Monday, February 5th - "Pop Up" Library in the (Chapel)**

**Friday, February 9th - Chef's Talk w/Christine in the (1st FL Dining Hall)**

**Monday, February 12th - Heather's Art Class (2nd Floor)**

**Wednesday, February 14th - Ash Wednesday Service (Chapel)**

**Wednesday, February 14th - Valentine's Day Party (2nd Floor)**

**Friday, February 16th - Residents Calendar Meeting (1st FL Dining Hall)**

**Tuesday, February 20th - Savor's Shopping Outing (Estates Bus)**

**Thursday, February 22nd - February Birthday Bash (1st Floor Dining Hall)**



# Estates Gallery

