



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 WALMART 1 9:00 Arthritis Foundation Exercise Program (SK) 12:30 Wii Bowling (SK) 2:15 Ice Cream Social (SK) 3:00 Aegis In-Service: Arthritis (SK) 6:00 Bingo w/Karen (SK)	9:00 Arthritis Foundation Exercise Program (SK) 2 Morning Massage by Appt. 9:00 Coffee Chat (GR) 10:00 Catholic Comm. (SK) 1:00 Penny Dino Races (GR) 2:00 Exercise (SK) 2:00 Manicures (SR) 6:00 Bingo w/Linda (SK)	9:00 Arthritis Foundation Exercise Program (SK) 3 9:00 GLADSTONE BINGO 10:00 Worship Service (SK) 1:00 Hearts Card Club (GR) 1:45 Happy Hour (SK) 2:30 LifeSpark Veteran's Day Showcase (SK) 3:30 Rosary (GR) 6:00 Movie Night (SK)	9:00 Exercise (SK) 4 10:00 Coffee Chat (GR) 1:00 Schwan's in the Lobby 1:00 Bible Study (SR) 2:30 Travel Day: England (SK) 6:00 Card Bingo w/Sindhu (GR)	1:00 Wii Bowling (SK) 2:00 Craft Club (GR) 6:00 Movie Night: Shogun Series (SK)
12:00 Vikings vs. Commanders (SK) 2:00 UNO (GR) 6:00 Bingo (SK)	9:00 Exercise (SK) 7 10:00 Men's Group Coffee and Donuts (GR) 2:00 Veteran's Day Recognition Program (SK) 3:00 Pop-Up Library (SK) 6:00 \$2 Poker (GR)	9:00 CUB FOODS 8 9:00 Arthritis Foundation Exercise Program (GR) 2:15 Ice Cream Social (SR) 3:00 Famous Veterans Trivia (SR) 6:00 Bingo w/Barb (SK)	9:00 Coffee Chat (GR) 9 10:00 Making Cards for Veterans (GR) 10:00 Catholic Mass (SK) 1:00 Penny Tripoley (GR) 2:00 Exercise (GR) 2:00 Manicures (SR) 6:00 Bingo w/Linda (SK)	9:00 Arthritis Foundation Exercise Program (SK) 10 10:00 Worship Service (SK) 1:30 Resident Council (SK) 2:30-3:30 LifeSpark Complete Open House (SK) 3:30 Rosary (GR) 6:00 Movie Night (SK)	9:00 Exercise (SK) 11 10:00 Coffee Chat (GR) 1:00 Bible Study (SR) 1:45 Veteran's Day Happy Hour (SK) 3:00 JOSEPH AND THE AMAZING TECHNICOLOR DREAM COAT 6:00 Card Bingo w/Sindhu (GR)	1:00 Wii Bowling (SK) 2:00 Craft Club (GR) 6:00 Movie Night: Shogun Series (SK)
12:00 Vikings vs. Bills (SK) 2:00 UNO (GR) 6:00 Bingo (SK)	9:00 Coffee Chat (GR) 14 10:00 Gratitude Sharing Dice Game (GR) 12:45 Creative Writing (GR) 2:00 Exercise (SK) 3:00 Thanksgiving Jingo Bingo (GR) 6:00 \$2 Poker (GR)	9:00 Arthritis Foundation Exercise Program (SK) 15 9:30 BASIC NEEDS THRIFT STORE 12:30 Wii Bowling (SK) 2:15 Ice Cream Social (SK) 3:00 RAOK Card Making (SK) 6:00 Bingo w/Barb (SK)	Morning Massage by Appt. 16 9:00 Coffee Chat (GR) 10:00 Catholic Comm. (SK) 1:00 Exercise w/Kim (SK) 2:00 Manicures (GR) 3:00 Entertainment: Copper Street Brass Band (SK) 6:00 Bingo (SK)	9:00 Exercise (SK) 17 10:00 Worship Service (SK) 1:00 Hearts Card Club (GR) 1:45 Happy Hour (SK) 2:30 Entertainment: A Crooner Christmas (SK) 3:30 Rosary (GR) 6:00 Movie Night (SK)	Well-Fit Testing by Appt. 18 9:00 Coffee Chat (SK) 10:00 Jill's Food Demo (SK) 1:00 Schwan's in the Lobby 1:00 Bible Study (SR) 2:00 Ladies' Group: Mary Kay Holiday Pampering/Gift Show (SK) 3:00 Exercise (SK) 6:00 Card Bingo w/Sindhu (GR)	1:00 Wii Bowling (SK) 2:00 Craft Club (GR) 6:00 Movie Night: Shogun Series (SK)
2:00 UNO (GR) 3:25 Vikings vs. Cowboys (SK) 6:00 Bingo (SK)	9:00 Coffee Chat (GR) 21 10:00 Thanksgiving Trivia (GR) 12:45 Creative Writing (GR) 2:00 Penny Dino Races (GR) 3:00 Exercise (SK) 6:00 \$2 Poker (GR)	9:00 TARGET 22 12:30 Wii Bowling (SK) 1:00 Exercise w/Kim (SK) 2:15 Pumpkin Pie Social w/ Turkey Ticklers (SK) 3:00 Autumn Jeopardy (SK) 6:00 Bingo w/Karen (SK)	9:00 Coffee Chat (GR) 23 10:00 Thanksgiving Worship Service (SK) 11:30 Applebee's Luncheon (SK) <i>- for those who signed up</i> 1:00 Book Club Meeting (GR) 2:00 Manicures (SR) 3:00 Exercise (GR) 6:00 Bingo (SK)	 7:20 Vikings vs. Patriots (SK) 24 <small>Thanksgiving Day (US)</small>	 Independent Leisure Today 25	1:00 Wii Bowling (SK) 2:00 Craft Club (GR) 6:00 Movie Night: Shogun Series (SK)
2:00 UNO (GR) 6:00 Bingo (SK)	9:00 Coffee Chat (GR) 28 10:00 Creative Writing (GR) <i>1-2 Food Shelf in Lobby</i> 2:00 Autumn Sing-Along (SK) 3:00 Exercise (SK) 6:00 \$2 Poker (GR)	9:00 DOLLAR TREE 29 12:30 Wii Bowling (SK) 1:00 Exercise w/Kim (SK) 2:15 November Birthday Party (SK) 3:00 Christmas Decorating 6:00 Bingo w/Karen (SK)	9:00 Coffee Chat (GR) 30 10:00 Catholic Mass (GR) 1:00 Penny Tripoley (GR) 2:00 Manicures (GR) 3:00 Exercise (SK) 6:00 Bingo (SK)	<h1>November 2022</h1>		

*** Activities are subject to change without notice. To contact Community Life Staff, Dial #5509 for Sam or #5508 for Kim.